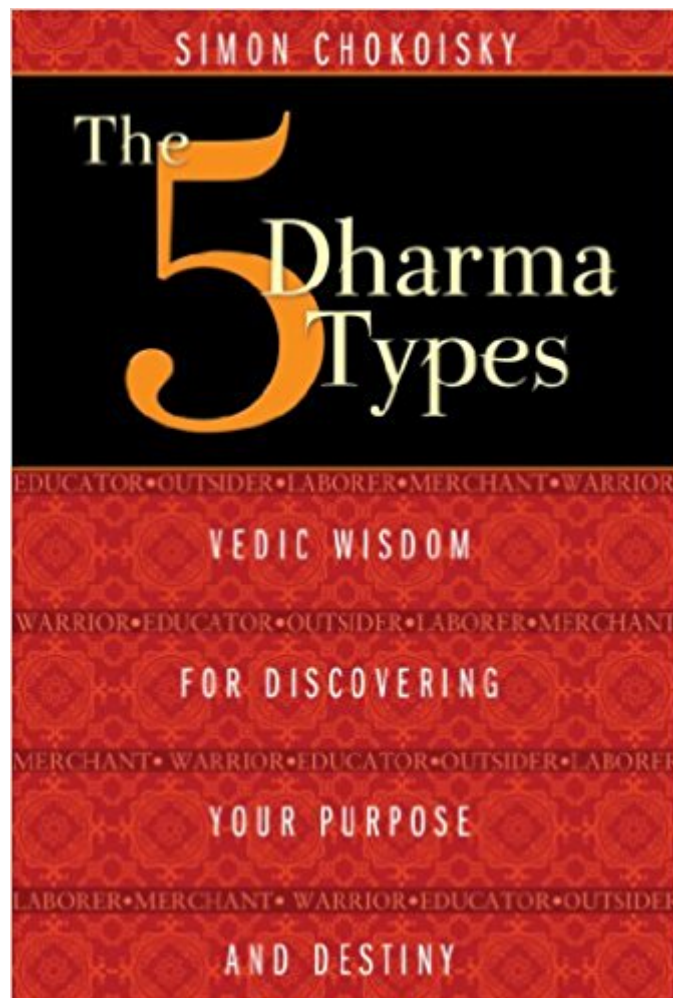




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The Five Dharma Types: Vedic Wisdom For Discovering Your Purpose And Destiny



Synopsis

A handbook for unlocking the soul's purpose and manifesting a fulfilling life • Reinterprets the traditional Dharma system of ancient India as a map for revealing one's true purpose • Provides tests for determining one's Dharma type • Explains the benefits, challenges, and social, interpersonal, and health dynamics associated with each of the 5 Dharma types Have you ever wondered why, despite great obstacles, some people achieve success, while others, though given everything, seem to squander it away? Or why some people, despite having very little, radiate joy, while others appear miserable though surrounded by opulence? The answer is Dharma: knowing your soul's purpose and living it is the key to creating a fulfilling life. Built on a deep body of Vedic knowledge, the ancient system of social structure and spiritual duty known as Dharma has modern applications for people seeking their life's purpose. Author Simon Chokoisky explains the five Dharma archetypes--Warrior, Educator, Merchant, Laborer, and Outsider--and how your life's purpose goes hand-in-hand with your Dharma type. Providing tests to determine your type, he outlines the benefits, challenges, emotional and learning styles, and social, interpersonal, and health dynamics associated with each type. Chokoisky reveals how the Dharma types function as an operating system for your identity, helping you map your life and play to your innate strengths, whether in choosing a prosperous career or field of study or in facing health challenges and meeting fitness goals. By accepting and understanding the nature of your type, you begin to align with your true purpose and, regardless of fate, find joy and meaning in life.

Book Information

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Customer Reviews

â œ[A] comprehensive handbook. . . . Chokoiskyâ ™s tone is authoritative, inspirational, and rich with pop culture references from Harry Potter to Spider-Man that make his message accessible to the modern, Western mind. . . . The author demonstrates a deep understanding of his subject. He writes clearly and eloquently, offering a spiritually inspired, and ultimately practical, guidebook for personal fulfillment.â • (Publishers Weekly, April 2014)â œChokoisky (Ayurvedic Inst., Albuquerque, NM) teaches Sanskrit and â œmedical Ã Â-astrology,â • and this ambitious volume attempts to map ancient Vedic conceptions of human capacities to the realities of todayâ ™s Western world. While we can, according to the author, be divided into five Dharma types: educators, warriors, merchants, laborers, and outsiders, we are all constrained to live in an age most congenial to merchants. Chokoiskyâ ™s task, in addition to convincing readers of the types to which they belong, is in part to help them adjust to the times. The success of this book for most readers will depend on their acceptance of the validity of the ancient Indian model, which at times has been seen as a set of confining hierarchies: Chokoiskyâ ™s attempts to visualize them as complementary personalities is intriguing. VERDICT The authorâ ™s purposeâ ”to allow each of us to find a right profession and way of livingâ ”is appealing, but his ideas may be a tough sell in America, where we tend to believe in an infinite ability to choose. Still, this book is enthralling, and should appeal to many students of Vedic tradition and yoga.â • (Library Journal, May 2014)â œSimon Chokoiskyâ ™s The Five Dharma Types is a beautiful book. Reading it carefully will give you insight into your dharma and help you heal your life.â • (Dr. Vasant Lad, author of Ayurveda: The Science of Self-Healing and founder of the Ayurvedic Institu)â œThis work has opened doors of insight and perception, allowing me to see our species in a fresh and hopeful light. I hope people will read this book more than once, and slowly.â • (Robin Gile, coauthor of The Complete Idiotâ ™s Guide to Palmistry)

Simon Chokoisky teaches Sanskrit and Medical Astrology at the Ayurvedic Institute in Albuquerque, New Mexico. He also runs a private consulting business based on his trainings in Vedic life mapping and Vedic astrology. The creator of the Decoding Your Life Map with Vedic Astrology DVD series, he travels widely giving seminars. He lives in Albuquerque, New Mexico.

Enjoyable, insightful and most useful for daily life. A good reference work to have in hard copy. I have been a student of Vedic thought for over twenty years and was surprised at how much I learned.

Easy to read and follow. Tests are simple and insightful. always a seeker of inner knowledge, this clarified some aspects of my life.

Very thoughtful book. Knowing my dharma type and its evolutionary direction is really helpful. However, this kind of knowledge - while good food for thought - should be held loosely lest it become a boundary.

A good explanation of dharma for the lay western reader. It can be a bit confusing at times but the author does his best to alleviate that. I have recommended this book to friends who are interested in learning about dharma and how to use it to make choices in their lives.

Clarity! The one word that describes this is is clarity about who you are and what you should do as well as everyone around! In having a greater understanding about the qualities of people around it gives a compass to use to maneuver in this world in an effortless manner!!!!

A great insight into "Why am I doing what I'm doing?" You get what you want only if you really know it.

Not just the astrology knowledge, the author shares interesting views on the world/humanity. Great read, and fun to see what your dharma type is! Inspiring.

Love it!

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